

AAUW FORT COLLINS BRANCH BOARD OF DIRECTORS – January 7, 2022

Call to Order- Barb Slattenow called the Board of Directors meeting to order on January 7, 2022 via Zoom at 10:33 AM. Present were: Barb Slattenow, President/Administrator; Kay Bunch and Lisa Rhoads, Co-Program; Kathleen Welton, Secretary; Jenny Henke and Marilyn Greene, Co-Hospitality, Barb Crowfoot, Membership, Sandra Munger, Public Policy and Rosemary Adalian, DEI. Absent was: Margaret Grant, Co-Membership.

Old Business: Kathleen has started the AAUW Fort Collins CO Facebook site. Two Board members were able to access it. Barb S. will send out an email to members with Facebook page AAUW Fort Collins CO.

Minutes: Kay moved and Marilyn seconded the approval of the September 18 Board of Directors meeting.

Motion carried. Marilyn moved and Kay seconded the approval of the corrected October 16 Board of Directors meeting. Motion carried.

Membership. Twenty-six attended the Holiday Brunch on December 18. There are two new perspective members. All monthly meetings will be on Zoom thru March 2022. For larger meeting like April, we may need to rent Fellowship Hall.

Finance. Barb S. reviewed finances: \$9,817.40 in checking at First National Bank, \$10,000 in checking at Key Bank (\$5,000 of which is Mary Schultz STEM) and \$56,000 in America Funds investments. This includes the \$16,000 voted through email to transfer into American Funds in October, 2021.

New Business: None

Program: January 15, 2022 meeting began at 9:00 AM with 20 members and one guest speaker, Carole Crane. Members were Kathleen Welton, Jenny Henke, Marilyn Greene, Lisa Rhoads, Paula Dille, Rosemary Adalian, Judy Filusch, Anita Hildebrand, Judy Albright, Barb Slattenow, Kay Bunch, Denise Steffenhagen, Linda Preston, Margot Steffenhagen, Jaymee Woolhiser, Peggy Reeves, Joyce DeVaney, Ernestine Munsey, Karen Rose, Fran Lambert. Carole Crane, Summit Stone Health Partners, spoke on Mental Health and Women. Her topics were signs and symptoms of major mood disorders: depression and anxiety, statistics of mental illness women vs men (comparing women and men ages 50+), risk factors for mental illness and why women do not seek treatment. Anxiety and depression are the most common mental illness and frequently co-occur. Women statistically have almost twice the symptoms as men. Reasons why women do not seek treatment are underdiagnosed, ashamed, been there; done that, money, where to go, don't have time, don't have an illness, don't want medications and culture. Colorado is one of six "suicide states".

Holiday Breakfast Branch meeting and 100th anniversary celebration was December 18, 2021 with 26 members/guests. Three former scholarship winners attended, Corinne Neustadter, Edie Steffenhagen, Leslie Schenk. Costs were \$290 to Nancy Miller (catering, 2 bags and tip), \$50 hall rental, \$25 for custodian, \$150 for harpist Mary Ellen Holmes. This was not a fundraiser, but came very close to breaking even. The Donation basket received \$40 for Food Bank for Larimer County plus November/December collection for \$910 total, \$10 was donated to Scholarships. One hundred and fifty-four new socks were donated to Kid's Closet at First United Methodist Church.

The November monthly meeting was cancelled. The artists have not been able to reschedule. Kay went over the remaining 2022 AAUW programs all on Zoom until April. January 15 is Carole Crane on mental health via Zoom. February 19 is Women's health. No speaker confirmed. March 19 is CSU President Dr. Joyce McConnell on women's issues (availability and affordable child care and working women and their needs, Covid 19's impact). April 9 features John McKay, Director of Programs for Language, Culture and Equity for Poudre School District. May 21 is still pending. An author luncheon fund raiser is planned. Invite local authors to bring books to talk about and sell. Sell tickets to raffle off a donated quilt and have a light lunch catered. February and March meetings will be Zoomed and April in person.

Public Policy: Sandra reported that CO AAUW Public Policy Committee bylaws are changing to include all Public Policy branch chairs. The Public Policy Day for Colorado is February 5 via internet webinar, 9:00 AM – Noon.

DEI: Rosemary reported she has a meeting with Front Range Community College counselor, Kathleen Strong, LPC, about Diversity on campus next week. She and Kathleen Welton are planning to march and attend Martin Luther King JR Day Celebration at CSU on January 17.

Interest Groups: Happy Hour met in 2021, other groups will meet when it is safe to gather. Book Club is now meeting in person on first Monday evening, 6-7 PM at Old Town Library. **The Gown** is the book for January 10. Mary Ellen Caldwell has been visiting her mother in Virginia.

Adjourn: Meeting adjourned at 12:25 PM.

Respectfully submitted, Kathleen Welton, Secretary